



Menomonie Middle School
SY 2023-2024

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
		 #wichililunch	Pizza Pasta Broccoli WG Garlic Breadstick ¹	Homemade Chicken Quesadilla California Blend Vegetables ²	1
Lasagna Roll-Up Green Beans WG Garlic Breadstick ⁵	Nachos Supreme (Beef Taco Meat, Cheese, Lettuce, Tomatoes, Tortilla Chips) Fiesta Beans ⁶	Chicken Parmesan WG Pasta Oven Roasted Broccoli ⁷	Chicken Shawarma Couscous Capri Blend Vegetables WG Pita ⁸	No School Today ⁹ 	2
No School Today ¹² 	Italian Dunkers w/Marinara California Blend Vegetables ¹³	Shrimp Poppers Macaroni & Cheese Mixed Vegetable Valentine Treat WG Garlic Knot ¹⁴	Chicken Alfredo w/WG Pasta ¹⁵ Broccoli WG Garlic Toast	Flatbread Pizza ¹⁶ Oven Roasted Vegetables	3
Brunch Lunch Cheese Omelet WG French Toast Oven Roasted Potatoes ¹⁹	Meatballs w/Gravy Mashed Potatoes Corn WG Dinner Roll ²⁰	Taco Mac Green Beans WG Bread ²¹	<i>WI Chili Lunch Day</i> Chili* Green Beans Cheesy WG Breadstick ²²	Pizza ²³ Oven Roasted Vegetables	4
Toasted Cheese Tomato Soup Peas ²⁶	Sloppy Joe* Roasted Fingerling Potatoes ²⁷	Homemade Enchiladas Rice Refried Beans ²⁸	Popcorn Chicken Bowl ²⁹ Corn WG Dinner Roll	March 1 French Bread Pizza Oven Roasted Vegetables	5

-or- Choose one of the Weekly Alternate Entree Choices

Pub Burger w/Rosemary Garlic Potatoes, Baked Beans Orange Chicken w/Brown Rice, Vegetable & WG Roll Grab & Go Choices	Chicken Tenders w/Sweet Potato Fries, WG Roll Sub Sandwich w/fresh veggie choices, & Baked Chips Grab & Go Choices	Chicken Filet Sandwich w/WG Bun, Potato Wedges, Warm Veggie Teriyaki Chicken w/Brown Rice, Vegetable & WG Roll Grab & Go Choices	BBQ Pulled Pork w/WG Bun, Warm veggie Honey Garlic Chicken w/Brown Rice, Vegetable, WG Roll Grab & Go Choices	Sweet & Sour Chicken w/Brown Rice, Vegetable & WG Roll Grab & Go Choices	
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Garden Bar Menu- Lettuce is Local, Organic Romaine

Garden Salad Baby Carrots Assorted Fresh Vegetables Fresh Fruit Diced Peaches	Garden Salad (Spinach) Red Pepper Strips Assorted Fresh Vegetables Fresh Fruit Mandarin Oranges	Mixed Green Garden Salad Baby Carrots Assorted Fresh Vegetables Fresh Fruit Strawberry Cups or Applesauce	Garden Salad/ Cole Slaw Grape Tomatoes Assorted Fresh Vegetables Fresh Fruit Pineapple	Garden Salad Baby Carrots Assorted Fresh Vegetables Fresh Fruit Assorted Fruit Sauce	
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*Made with Local, Grass Fed Beef

Grab & Go Choices include Salads & Wrap Meals Menu Subject to Change due to availability
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Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
			WG Breakfast Bread ¹	Cheese Omelet w/WG Bagel ²	1
French Toast Sticks ⁵	Breakfast Sandwich ⁶	Yogurt & Cereal ⁷	Pancake on a Stick ⁸	No School Today ⁹ 	2
No School Today ¹² 	Breakfast Bread ¹³	Cereal w/ Cheese Stick ¹⁴	Breakfast Pizza ¹⁵	Scrambled Egg w/WG Warm Cinnamon Breadstick ¹⁶	3
Yogurt & Cereal ¹⁹	WG Muffin & Egg Patty ²⁰	Breakfast Sandwich ²¹	Pancake on a Stick ²²	WG Cinnamon Roll ²³	4
Mini Pancakes ²⁶	Pancake on a Stick ²⁷	Breakfast Pizza ²⁸	Cereal w/Cheese Stick ²⁹	Scrambled Eggs w/ WG Warm Cinnamon Breadstick ^{March 1}	5

What Makes a Breakfast?



What Makes a Lunch?



Fruit, Juice, and Milk Choice Offered Daily with Each Breakfast

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